I'm excited about your interest in the movement series!  I love this work and am looking forward to our explorations.   I'm asking potential participants to answer the questions on this application form.

Feel free to respond with as much length or brevity as you'd like.  (Call me to set up a conversation time if you'd prefer that.)

1. Name and date of birth
2. How did you find out about this work?
3. Please write about some of your hopes and needs for this series - what is drawing you?
4. Please share some of your past training and experience in related forms (movement, theater, healing, spiritual, and/or therapeutic modalities).
5. This movement group will thrive with continuity. If the work is a good fit, please let me know about your level of desire, intention and availability to be part of this group over time – a year or more. Do you have schedule conflicts with any of the upcoming 6 dates?
6. What have been some of your past experiences in (small) groups? (strengths , difficulties, what helps or triggers you, etc)
7. This workshop includes body to body contact between participants.  I will encourage people to move in ways that are comfortable for them, including contact.   Do you have any concerns regarding that aspect of the work?
8. Do you have any relevant medical or psychiatric health history or current challenges - diagnosis, treatment, illness, injury, immune sensitivities, medications, etc.? Is there particular support that could be helpful/necessary for you while in the group?
9. Is there anything else you want me to know about or consider?

Thank you for your time, energy and focus on this application.

I look forward to being in touch.